

# January 2023



"Every farm should be managed exactly like yours! Thanks for your efforts to bring us the finest healthiest foods possible!"

-You Tube User Jaye Bird



## Smoothie Kits

Eat healthy and save time!

[Recipes on the blog](#)

## Recipe of the Month: Vegan Berry Smoothie

1/2 cup of oats

1 1/2 cup of nondairy milk

1/2 cup Stahlbush Island Farms Strawberries

1/2 cup Stahlbush Island Farms Blueberries

Blend & enjoy!



  
**2022 in  
Summary  
93 million**  
Pounds Produced

1. Around 1,500 acres of fruits/veggies grown
2. Stahlbush, Farmer's, and Nummy Tum Tum retail sales up 10% on average
3. No bypassed acres at harvest
4. Scored 97 SQF rating
5. August 2022 - All-time Record for Industrial Sale
6. Brought our IQF direct-to-consumer fulfillment in house
7. Industrial Production Records set in Jan, Mar, April, May & June
8. No findings on any regulatory or certification audit this year
9. Stahlbush reached 10k followers on Facebook
10. No non-compliances for organic audit (farm/plant/seed cleaner)
11. Nummy Tum Tum Sweet Potato in 70 new stores



## What's in for you next month?



**Jan 30: Deadline to complete orientation video**

**Feb 15: Deadline for free sign-up for Corvallis Half**

**April 15: Corvallis Half - Come run, walk & visit our booth!**